

DANIELA PAZ


TRANSFORMATIONAL KEYNOTE SPEAKER

Mindset | Human Potential | Transformation



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ABOUT DANIELA

Daniela Paz is a transformational keynote speaker, helping individuals and organizations break through internal barriers, build resilience, and create meaningful, lasting change.

SPEAKING TOPICS

- Break Through Internal Barriers
- The Resilience Blueprint
- The Self-Leadership Shift
- Rewrite Your Story

SERVICES OFFERED

- Keynote Presentations
- Interactive Workshops
- Executive & Leadership Sessions
- Retreat & Immersive Experiences
- Virtual Keynotes & Sessions

TAILORED FOR

- Corporate teams & leadership groups
- Conferences & industry events
- Universities & student programs
- Wellness, personal development & retreats

AUDIENCE TAKEAWAYS

- Identify hidden patterns and limiting beliefs
- Reframe challenges and adversity into growth
- Shift from reaction to intentional action
- Build resilience and self-trust
- Leave with a clear path forward

"You have an incredibly unflinching truth that you tell with such courage and heart. Incredibly moving!"

"That was an incredible speech. Beautiful."

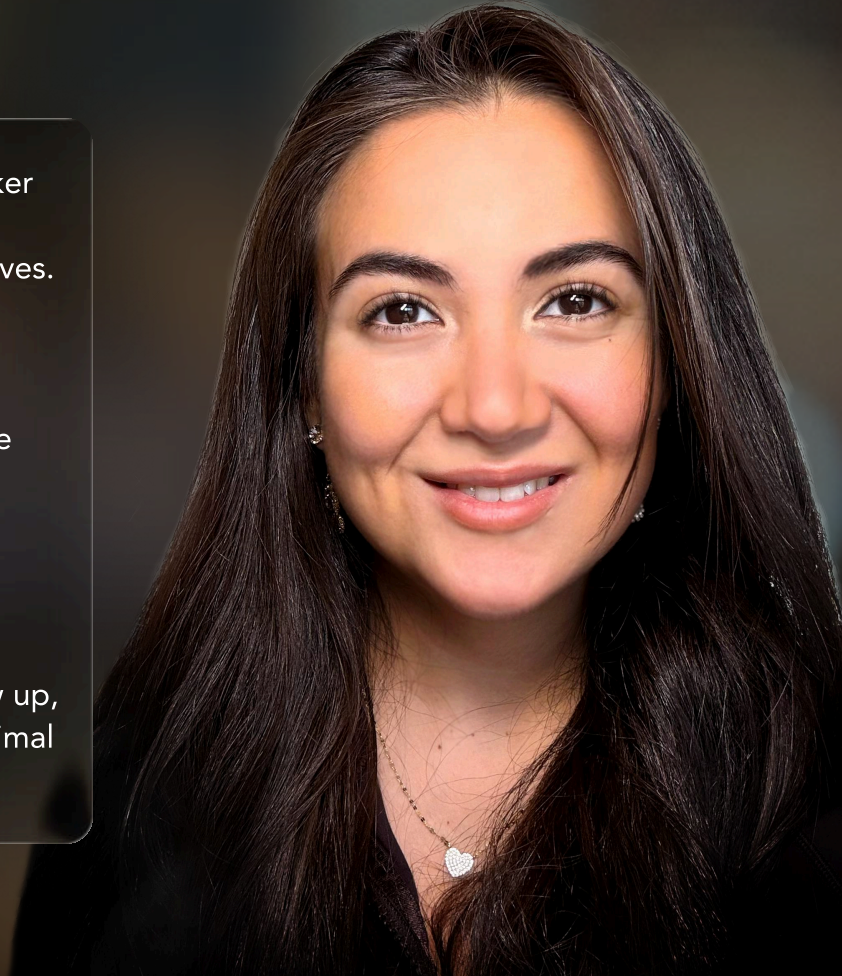
"This is a beautiful series of resilience to teach young women what we are capable of."

MEET DANIELA

Daniela Paz is a transformational keynote speaker known for her ability to create powerful, lasting shifts in how people see themselves and their lives.

As someone who has navigated deep personal challenges, identity shifts, and the process of rebuilding from within, Daniela Paz brings a rare combination of emotional depth and practical transformation to the stage.

Today, she helps individuals and organizations break through internal barriers, build resilience, and create meaningful, lasting change. To show up, perform, and live at their highest and most optimal level.



Her work is rooted in lived experience: navigating adversity, identity shifts, and the process of rebuilding from within. Through that journey, she developed a deep understanding of the internal patterns that keep people stuck and what it takes to truly transform herself and her life.

Daniela brings that insight to audiences in a way that is both deeply human and immediately actionable. Her talks go beyond inspiration, unlocking clarity, self-awareness, and real momentum forward.

SPEAKING TOPICS



SIGNATURE KEYNOTE

Breaking Through: Overcoming Internal Barriers to Create Lasting Change

Most people need more than motivation, they need an impactful shift. This powerful keynote helps audiences identify the internal patterns, beliefs, and barriers that keep them stuck, and provides the clarity and tools needed to move forward.

ADDITIONAL KEYNOTES

The Resilience Blueprint: Thriving Through Uncertainty and Change

A practical framework for navigating uncertainty with clarity, confidence, and adaptability. Helping individuals and teams stay grounded and effective in times of change.

The Self-Leadership Shift: From Reaction to Intentional Action

Empowers individuals to take ownership of their mindset, decisions, and direction. Strengthening personal leadership and accountability at every level.

Rewriting Your Story: Breaking Patterns and Moving Forward

Helps audiences recognize the narratives shaping their lives, break limiting patterns, and create a new path forward rooted in clarity and purpose.

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SERVICES OFFERED



Keynote Presentations

30 mins | 60 mins | 90 mins

A high-impact, engaging talk designed to inspire, challenge perspectives, and create immediate mindset shifts across your audience. Ideal for conferences and company-wide events.



Interactive Workshops

Half-Day | Full-Day

A deeper, interactive experience where participants actively apply concepts in real time. Includes guided exercises, reflection, and practical tools to reinforce learning and create a lasting change.



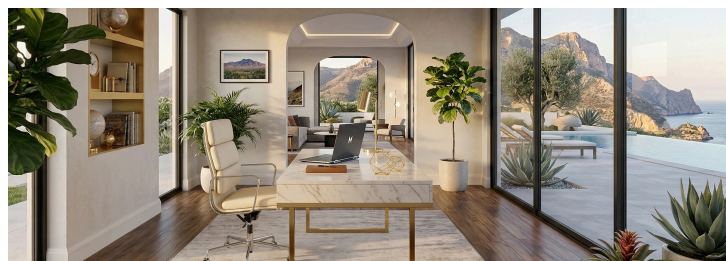
Executive & Leadership Sessions

Tailored sessions for leadership teams focused on self-leadership, resilience, and decision-making under pressure. Designed to elevate how leaders think, operate, and lead others.



Retreat & Immersive Experiences

More intimate, transformational sessions designed for deeper personal exploration and breakthrough moments. Ideal for wellness retreats, leadership offsites & curated experiences.



Virtual Keynotes & Sessions

Engaging and impactful virtual experiences designed to maintain connection and energy in a digital environment, while creating connection, depth, and effectiveness.



Curated Experiences

Personalized custom experiences that can include a combination of the services listed, to tackle the goals you have in mind for your audience.

WORKING WITH DANIELA

01

BEFORE THE EVENT

Strategic Alignment & Customization

- Pre-event consultation to understand your audience, goals, and key messaging
- Customized keynote outline tailored to your event theme and desired outcomes
- Collaboration with your team to ensure content aligns with organizational priorities

Event Preparation & Promotion Support

- Speaker kit provided (bio, introduction, photos, AV requirements)
- Optional pre-event promotional video (60–90 seconds) to build anticipation
- Availability for planning calls and coordination with your event team

02

DURING THE EVENT

Professional Delivery

- Attendance at AV checks and rehearsals as needed
- On-site or virtual readiness ahead of presentation start time
- Commitment to delivering within your event schedule and flow

High-Impact Keynote Experience

- Engaging, thought-provoking keynote designed to create real mindset shifts
- Balanced delivery of emotional depth and practical, actionable insights
- Audience connection through storytelling, reflection, and moments of clarity

Audience Engagement

- Optional live Q&A session to deepen understanding and connection
- Presence and adaptability to the energy and needs of the room

03

AFTER THE EVENT

Lasting Impact & Continued Value

- Key takeaways and reflection prompts to reinforce learning
- Optional resources or tools to support continued growth and application
- Availability for follow-up conversations or extended engagement opportunities

Extended Experience (Optional)

- Post-event workshops or deeper-dive sessions
- Additional content (video/audio messages) to reinforce key themes
- Meet-and-greet or audience connection opportunities

Each experience is thoughtfully designed to ensure your audience leaves motivated, inspired, with a new perspective and a clear path forward.


CONNECT WITH DANIELA



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CONTACT

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SOCIAL MEDIA

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